



October 2011



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 9:15 - Exercise 1:15 - Olympic Chorus (Sequim High School) 2:00 - Shanghai 6:00 - Poker/Pinochle
2 9:15 - Chapel with Dave Neidhardt 2:30 - Nickel-Nickel 6:00 - Hand & Foot	3 9:15 - Exercise 10:00 - Phase 10 Game 1:30 - Wal-Mart 3:00 - Ride 6:00 - Poker 6:00 - Rummycube	4 10:00 - Shopping 2:30 - BINGO! 6:00 - Spite & Malice	5 9:15 - Exercise 12:30 - Blood Pressure 2:00 - Get Acquainted/ Root Beer Floats 6:00 - Poker 6:00 - Mexican Train	6 9:30 - Current Events 3:00 - "Significant Journey" Book Review with Judy de Chantal 6:00 - Pinochle 6:00 - Rummycube	7 8:30 - Prayer Group 10:00 - Shopping 1:15 - Ride (Jan) 2:30 - Rummycube 6:00 - Tripoly	8 9:15 - Exercise 2:00 - Shanghai 6:00 - Poker 6:00 - Pinochle
9 9:15 - Chapel with Glen Brown 2:30 - Nickel-Nickel 6:00 - Hand & Foot	10 9:15 - Exercise 10:00 - Phase 10 Game 10:15 - Resident Council 3:00 - Ride 6:00 - Poker 6:00 - Rummycube	11 10:00 - Shopping 2:30 - BINGO! 6:00 - Spite & Malice	12 9:15 - Exercise 10:30 - Massage 12:30 - Blood Pressure 3:00 - School Days 6:00 - Poker 6:00 - Mexican Train	13 10:45 - Autumn Drive to Quilcene & lunch at "The Timberhouse" FLU SHOTS 6:00 - Pinochle 6:00 - Rummycube	14 8:30 - Prayer Group 10:00 - Shopping 1:15 - Ride (Beth) 2:30 - Rummycube 6:00 - Tripoly	15 9:15 - Exercise 2:00 - Shanghai 6:00 - Poker 6:00 - Pinochle
16 2:30 - Nickel-Nickel 3:00 - Southern Gospel Quartet 6:00 - Hand & Foot	17 9:15 - Exercise 10:00 - Phase 10 Game 2:00 - True/False Game 3:00 - Ride 6:00 - Poker 6:00 - Rummycube	18 10:00 - Shopping 2:30 - BINGO! 6:00 - Spite & Malice	19 9:15 - Exercise 12:30 - Blood Pressure 3:00 - KSQM 6:00 - Poker 6:00 - Mexican Train	20 NOON BIRTHDAY PARTY! Dennis Blair 6:00 - Pinochle 6:00 - Rummycube	21 8:30 - Prayer Group 10:00 - Shopping 1:15 - Ride (Jan) 2:30 - Rummycube 6:00 - Tripoly	22 9:15 - Exercise 1:00-3:00 - Dot Beggs 90th Birthday Celebration! 2:00 - Shanghai 6:00 - Poker/Pinochle
23 9:15 - Chapel with The McArthurs 2:15 - Sequim City Band 2:30 - Nickel-Nickel 6:00 - Hand & Foot	24 9:15 - Exercise 10:00 - Phase 10 Game 3:00 - Ride 6:00 - Poker 6:00 - Rummycube	25 10:00 - Shopping 2:30 - BINGO! FOOT CARE 6:00 - Spite & Malice	26 9:15 - Exercise 10:00 - Resident Update 12:30 - Blood Pressure 1:30 - Movie: The Sum Of Fears" 6:00 - Poker/Mexican Train	27 4:30 OKTOBER FEST PARTY! 6:00 - Pinochle 6:00 - Rummycube	28 8:30 - Prayer Group 10:00 - Shopping 1:15 - Ride (Beth) 2:30 - Rummycube 6:00 - Tripoly	29 9:15 - Exercise 2:00 - Shanghai 6:00 - Poker 6:00 - Pinochle
30 9:15 - Chapel with Dave Neidhardt 2:30 - Nickel-Nickel 6:00 - Hand & Foot	31 HALLOWEEN FUN 9:15 - Exercise 10:00 - Phase 10 Game 3:00 - Ride 6:00 - Poker 6:00 - Rummycube	HAPPY BIRTHDAY!		<u>October-17-Bob Schneider</u> <u>October-21-Dot Beggs</u> <u>October-30-Roy Tackett</u>		