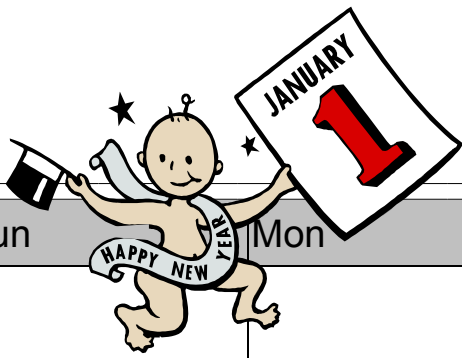


# January - 2010



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>HAPPY NEW YEAR</b> 1:00 JULIA AND JULIE (Julia Childs Story) Regular Meal Times	2 9:15 Exercise 2:00 Video 2:00 Shanghai 6:00 Poker
3 9:15 Chapel with <b>Dave Neidhardt</b> 2:30 Nickel-Nickel 6:00 Hand & Foot	4 9:15 Exercise 10:00 Phase 10 Game 1:30 Wal-Mart 6:00 Rummycube	5 1:30 Shopping 2:30 Bingo 6:00 Spite & Malice	6 9:15 Exercise 12:30 Blood Pressure 2:00 Nature DVD 3:00 Bible Study 6:00 Mexican Train	7 10:00 Sequim Police SCAMS 1:30 Ross Hamilton Photographer 6:00 Pinochle 6:00 Rummycube	8 8:30 Prayer Group 9:45 Shopping 12:15 12th Night High Tea 2:30 Rummycube 6:00 Tripoly	9 9:15 Exercise 2:00 Video 2:00 Shanghai 6:00 Poker
10 9:15 Chapel with <b>Glenn Brown</b> 2:30 Nickel-Nickel 6:00 Hand & Foot	11 9:15 Exercise 10:00 Phase 10 Game 2:00 Bob Printz Glasses Adjusted 3:00 Ride 6:00 Rummycube	12 9:30 Shopping 2:30 Bingo 6:00 Spite & Malice	13 9:15 Exercise 10:30 Massage 12:30 Blood Pressure 1:00 Louie Foxx Magician 3:00 Bible Study	14 10:15 Ball Games Afternoon A 6:00 Pinochle 6:00 Rummycube	15 8:30 Prayer Group 9:45 Shopping 1:15 Ride 2:30 Rummycube 6:00 Tripoly	16 9:15 Exercise 1:15 - Olympic Rhythm Tappers! 2:00 Shanghai 6:00 Poker
17 2:30 Nickel-Nickel 6:00 Hand & Foot	18 9:15 Exercise 10:00 Phase 10 Game 3:00 Ride 6:00 Rummycube	19 9:30 Shopping 2:30 Bingo 6:00 Spite & Malice	20 9:15 Exercise 12:30 Blood Pressure 2:00 Nature DVD 3:00 Bible Study 6:00 Mexican Train	21 10:15 Ball Games <b>DINNER</b> "FIFTIES PARTY" 6:00 Pinochle 6:00 Rummycube	22 8:30 Prayer Group 9:45 Shopping 1:15 Ride 2:30 Rummycube 6:00 Tripoly	23 9:15 Exercise 2:00 Video 2:00 Shanghai 6:00 Poker
24 9:15 Chapel with <b>McArthurs</b> 2:30 Nickel-Nickel 6:00 Hand & Foot	25 9:15 Exercise 10:00 Phase 10 Game 3:00 Ride 6:00 Rummycube	26 <b>FOOT CARE</b> 9:30 Shopping 2:30 Bingo 6:00 Spite & Malice	27 9:15 Exercise 10:00 Resident Update 12:30 Blood Pressure 2:00 Wellness Wednesday 3:00 Bible Study 6:00 Mexican Train	28 <b>NOON</b> Birthday Party - with Jubilee 6:00 Pinochle 6:00 Rummycube	29 8:30 Prayer Group 9:45 Shopping 1:15 Ride 2:30 Rummycube 6:00 Tripoly	30 9:15 Exercise 2:00 Video 2:00 Shanghai 6:00 Poker
31 9:15 Chapel with <b>Dave Neidhardt</b> 2:30 Nickel-Nickel 6:00 Hand & Foot						